

1975

Swimming 1974-75

University of Northern Iowa

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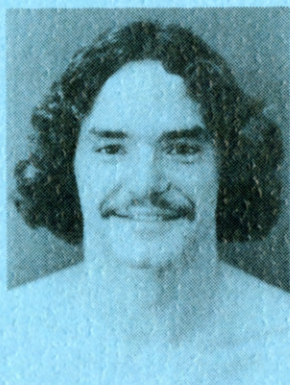
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**UNIVERSITY
OF
NORTHERN IOWA
Swimming 1974-75**



**Bill Fowler
3-Time All-American**



**Coach Glen Henry
3 Straight NCC Titles**

Quick Facts

LOCATION: Cedar Falls, Iowa 50613
 FOUNDED: 1876
 ENROLLMENT: 8,800
 PRESIDENT: Dr. John J. Kamerick
 ATHLETIC DIRECTOR: Stan Sheriff (Cal Poly 1954)
 (319) 273-2141
 CONFERENCE: North Central
 NATIONAL AFFILIATION: NCAA II
 TEAM NICKNAME: Panthers
 SCHOOL COLORS: Purple and Old Gold
 HOME FACILITY: Men's Gymnasium (3,500)
 1973-74 RECORD: 8-1 (Duals); 1st (Conference)
 LETTERMEN LOST: None
 LETTERMEN RETURNING: 16

HEAD COACH: Glen Henry (Chadron State, 1963)
 YEAR AT UNI: 9th
 RECORD AT UNI: 54-42
 COLLEGIATE RECORD: 54-42
 ASSISTANT: Dennis Martin (Central
 Connecticut State, 1974)

SPORTS INFORMATION DIRECTOR:
 James W. Shaffer
 (319) 273-2761 Office, (319) 268-0324 Home

1974-75 Schedule

DATE	OPPONENT	LOCATION	TIME
Nov 15	All Iowa Relays	Dubuque	All Day
Nov 22	INTRA SQUAD	CEDAR FALLS	7:00
Dec 6-7	Big Eight Relays	Ames	All Day
Dec 15- Jan 10	Winter conditioning drills	Phoenix, Ariz.	
Jan 18	Mankato State, North Dakota	Mankato, Minn.	2:00
Jan 23	BRADLEY	CEDAR FALLS	4:00
Jan 25	IOWA	CEDAR FALLS	2:00
Feb 1	WISCONSIN— Platteville	Platteville, Wisc.	1:30
Feb 7	Southwest Minnesota	Marshall, Minn.	3:00
Feb 8	South Dakota State, Wayne State, South Dakota	Brookings, S.D.	1:00
Feb 14	WISCONSIN- LACROSSE	CEDAR FALLS	6:00
Feb 22	Western Illinois	Macomb, Ill	3:00
Feb 28- Mar 1-2	North Central Confer- ence Championships	Mankato, Minn.	All Day
Mar 20-22	NCAA II Championships	Cleveland, Ohio	

The Outlook

One of the main problems facing Head Coach Glen Henry in 1974-75 will be choosing from a wealth of talent on the Panther swimming roster. The list includes 16 returning lettermen, 9 national qualifiers and if this weren't enough, Henry recruited 3 top freshmen prospects.

The finnen finished 8-1 in duals last season with the lone setback to Iowa. The Hawkeyes are on the schedule again this season and Henry says his swimmers will be ready. Another toughie facing the Panthers is independent power Western Illinois who placed just ahead of UNI at the nationals last year.

Three-time All-American Bill Fowler returns for his final year and holds a list of Panther records. He qualified in both the 400-Free and 800-Free Relays plus the 1650-Free, 500-Free and 200-Free for the national meet last season.

The diving chores are handled by Mike Radech and Ward Faust, both national qualifiers. Jim Humpal in the 200-Breast and Scott Broshar in the 200-Fly should be strong point-getters for Henry, also national qualifiers last season.

"Everyone has a good attitude this season, we are working hard and looking forward to a very successful season," says Henry. "We have everyone back from a standout season a year ago, so I would have to say we are a better team than we were last year."

The Panther schedule features home dual meets with Bradley, Iowa and Wisconsin-LaCrosse, while UNI travels to Mankato State, Wisconsin-Platteville, Southwest Minnesota, South Dakota State and Western Illinois. The swimmers open their season with a big assignment, the All Iowa Relays hosted by Loras College.

Henry Has UNI on the Move

Since coming to UNI in 1966, Glen Henry has turned the Panther swimming program into a College Division power. His overall mark of 54-42 is misleading; UNI has chalked up a 50-20 record over the past five years, including a 1st place finish in the North Central Conference the last three seasons in a row.

A 1963 graduate of Chadron State College in Nebraska, Henry was a 2-year regular in football and coached at Greybull, Wyoming before returning to Chadron where he started their swimming program in 1965.

Henry also served two years as an assistant football coach at Chadron before coming to UNI. Glen and his wife Karen have two girls and one boy, Lisa, 15, Lori, 8 and Lance, 10.

Season	Record	Conf. Finish
1966-67	0-7	—
1967-68	1-8	1st*
1968-69	3-7	1st*
1969-70	11-8	2nd
1970-71	14-4	2nd
1971-72	7-4	1st
1972-73	10-3	1st
1973-74	8-1	1st

*Unofficial NCC Tourney

(1974-75) 8-1 1st TOTAL
 16th NCAA II (62-42)

Meet the Panthers



Brian Arends



Neil Arends



Chris Bakkie



Tom Brandon



Scott Broshar



Mark Crouch



Bruce Davis



Ward Faust



Jim Humpal



Dan Johnson



Randy Martin



Kerry McCray



Kevin Meacham



Mark Onstott



Mike Radech



Stephen Rowe



William Seamen



Bruce Varink



What to Expect

Arends, Brian--Lettered last season as freshman, needs experience to push those above him in diving, but a talented athlete.

Arends, Neil--A freestyle sprinter, Neil swims the 200, 100 and 50. He's a 3-year letterman and topnotch performer under pressure.

Bakkie, Chris--Another letter winner as freshman last season, Chris swims the longer freestyle events including the 500 and 1000.

Brandon, Tom--A newcomer to the Panther finmen, Tom should add depth in both the 100 and 200 fly.

Broshar, Scott--National qualifier for UNI in the 200 fly, Scott also competes in the 100 fly and 200 IM, lettering last season as a freshman.

Crouch, Mark--Senior and 3-year letterman, Mark qualified for nationals in both the 400 and 800 free relay.

Davis, Bruce--A bright prospect for UNI in freestyle events, qualified for nationals in 400 and 800 free relay.

Faust, Ward--Put on spot as freshman in 1 and 3 meter diving, came through as a national qualifier in both categories. Good prospect.

Fowler, Bill--"Mr. Everything" on UNI swim team. 3-time All-American, 3-year letterman and national qualifier in 5 categories; 400 free and 800 free relay, 1650, 500 and 200 IM.

Humpal, Jim--Specializes in 200 breast where he qualified for nationals, also strong point-getter in 100 breast and 200 IM.

Johnson, Dan--Co-captain and 3-year letterman, a definite threat in longer freestyle events. Great team leader.

Martin, Randy--Added good depth last season as freshman, made strong showing in both 100 and 200 breast, besides 200 IM.

McCray, Kerry--One of Panthers' prize recruits, Kerry was standout at Mason City High School and can help Panthers in IM events.

Meacham, Kevin--Versatile newcomer from Des Moines Valley High, Kevin should score points in freestyle, including 100, 200, 500, and 1000.

Onstott, Mark--Other co-captain for Panthers, Mark was member of national qualifying relay teams and also swims 100 and 200 fly, plus 100 and 200 free.

Radech, Mike--A diving specialist, Mike is a 2-year letter winner for UNI and was national qualifier in both 1 and 3 meter competition.

Rowe, Stephen--Adds strength to freestyle events, became consistent scorer for Panthers last 3 seasons. 3-year letterman, swims 200, 500 and 1000 free.

Seamen, William--Another senior, Bill is a good sprinter and can handle both the 50 and 100 free.

Varink, Bruce--One of the best in conference in his events, including 200 breast and 200 back, a 2-year letterman and top point getter.

The Roster

NAME	EVENT	CLASS	HOMETOWN (HIGH SCHOOL)
*Brian Arends	Diving	So.	Marshalltown
***Neil Arends	Freestyle	Sr.	Marshalltown
*Chris Bakkie	Freestyle	So.	Des Moines (Hoover)
Tom Brandon	Butterfly	Fr.	Council Bluffs (Abr. Lincoln)
*Scott Broshar	Butterfly	So.	Waterloo (West)
***Mark Crouch	Freestyle	Sr.	Des Moines (Hoover)
*Bruce Davis	Freestyle	So.	Marshalltown
*Ward Faust	Diving	So.	Cedar Falls
***Bill Fowler	Freestyle	Sr.	Cedar Rapids (Kennedy)
**Jim Humpal	Breaststroke	Jr.	Des Moines (Hoover)
***Dan Johnson--C	Freestyle	Sr.	Cedar Falls
*Randy Martin	Breaststroke	Jr.	Washington
Kerry McCray	IM	Fr.	Mason City
Kevin Meacham	Freestyle	Fr.	Des Moines (Valley)
**Mark Onstott--C	Butterfly	Sr.	Cedar Rapids (Kennedy)
**Mike Radech	Diving	Jr.	Davenport (Central)
***Stephen Rowe	Freestyle	Sr.	Cedar Falls
***William Seamen	Freestyle	Sr.	Cedar Rapids (Kennedy)
**Bruce Varink	IM	Jr.	Iowa Falls

*Denotes varsity letters won

1973-74 Results

UNI	OPP.
63 Buena Vista	41
98 St. Louis University	13
70 Bradley	43
72 Wisconsin-Platteville	30
53 Iowa	60
82 Mankato State	31
64 Winona	43
73 Southwest Minnesota	40
67 Wayne State	23

Big Eight Relays 8th
All Iowa Relays 2-2nds 9-3rds
North Central Conference 1st
NCAA II 25th

The Records

Event	Holder(s)	Time	Year
400 Medley Relay	Jim Humpal Bill Fowler Mark Onstott Neil Arends	3:49.9	1974
1000 Free	Fowler	10:12.2	1974
200 Free	Fowler	1:47.8	1974
60 Free	Fowler Bruce Davis	:28.2	1974
160 I.M.	Kerry McCray	1:36.6	1974
200 Fly	Scott Broshar	2:04.9	1974
100 Free	Davis	:49.5	1974
200 Back	McCray	2:12.9	1974
500 Free	Fowler	4:54.4	1974
200 Breast	Humpal	2:17.9	1974
400 Free Relay	McCray Davis Fowler N. Arends	3:20.0	1974
50 Free	Jeff Eaton	:22.8	1973
200 I.M.	Fowler	2:08.3	1973
400 I.M.	Humpal	4:37.4	1974
100 Back	Larry Lampkin	:57.8	1972
100 Fly	Broshar	:55.7	1974
100 Breast	Humpal	1:04.7	1974
800 Free Relay	Davis Onstott Mark Crouch Fowler	7:25.8	1974
1650 Free	Fowler	17:04.5	1974
1 Meter Diving	Mike Radech	417.60	1974
3 Meter Diving	Mike Radech	420.45	1974

University of Northern Iowa

The University of Northern Iowa is relatively new in name but the school itself is nearly 100 years old. Created by the Iowa General Assembly, the university opened in 1976 as Iowa State Normal. In 1908, the name was changed to Iowa State Teachers College and under this name the school attained a national reputation as a leader in the field of teacher education. In 1961, the name was again changed to State College of Iowa and six years later attained its present name.

Teacher education remains the chief function of the university, a wide-ranging program of non-teaching courses, including professional training in business and science-related areas, are now offered.

Maintenance of a well-rounded intercollegiate athletic program is of prime interest to the UNI staff. The success of this endeavor is indicated by the fact that Panther teams have won the conference's all-sports trophy the last three years.

The University retains membership in the National Collegiate Athletic Association and is one of eight schools in the rugged North Central Conference — America's premiere college division league. A full round of 11 intercollegiate sports are sponsored by the conference and all have championship events.